



# Made to *Thrive*

By Rhonda Wrede, Executive Director

Thrive Medical Clinic (TMC) is a reality, not only to our staff and supporters but to our patients, those who need us the most.

As I have watched the transformation of our name, logo and building into Thrive Medical Clinic, I am overwhelmed when I look at all you have accomplished.

Yes, I am genuinely blown away because I know that there is no way any of this could have happened without your generous support! In fact, you gave in record ways in 2021 because you believe in the vision that God has called TMC to fulfill. And we have only just begun!

Twenty twenty-two is sure to hold even more challenges for our patients. But with your help, TMC will be there to help these women and men to Thrive, not just survive.

**The vision of Thrive Medical Clinic is to give every woman and man considering abortion the opportunity to confirm their pregnancy through an ultrasound (allowing them to see their child for themselves), to receive information about their pregnancy options from a source that doesn't profit from or push abortion, and to learn about the realistic solutions, practical resources, and loving support that would empower them to parent their child or make an adoption plan.**

**It's our dream that these precious women, men, and children can thrive, not just survive.**



# Maya's Story

By Jasmine Bower, Patient Services Director

So many times, we don't get to hear what happens to our patients or the little one inside of them after they leave our clinic. Well, in 2021 I met with a girl who has been on my heart for months.

\*Maya came to us emotionally overwhelmed. She was experiencing common pregnancy symptoms and wanted help to know what to do. We did a pregnancy test for her, which came back positive, and I was able to sit down with her and hear her heart. Maya cried as she shared honestly about how she felt: relationships in her life, her age, her health, and being afraid of being viewed as a "failure" by others all made an abortion seem like the best option to her. Maya shared that in her past relationships with guys, she just felt used for her body and didn't feel that she was valued. She began to panic that her current boyfriend wouldn't love her enough to stay with her, and she was terrified of parenting alone.

We were able to do a confirmation ultrasound for Maya, which showed that she was six weeks along – just far along enough to see the tiny growing baby inside her, its heartbeat, and take measurements.

After her ultrasound, we were able to talk more about Maya's fears and her deep worth. She allowed me to explore all her options with her (abortion, adoption, and parenting), and we talked about what they would look like for her, both now and down the road. Maya did have someone close who didn't want her to go through the emotional pain of abortion. She encouraged Maya to parent and was eager to

be a support for her. I was able to introduce Maya to multiple beautiful resources that would be a huge support to her if she did decide that parenting was what she wanted to do. We spoke truth and love to her, trying to help her see how not-alone she is. But we also made it clear that this was ultimately her decision, and that, no matter what, we care about her and will be here for her. Maya was very appreciative and said that this was a "safe place for sure," but left no indication of what her decision would be.

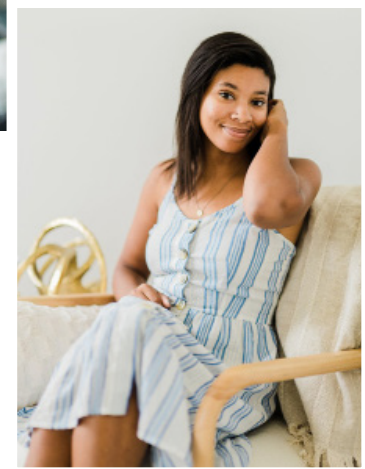
Not until eight months later did we hear any sort of update from Maya... and it absolutely made my week. It's crazy how much can change in eight months. Well, Maya let us know that she is doing well and that she gave birth to a beautiful, healthy boy! Not only is she now parenting her son, but she plugged herself into some amazing support and surrounded herself with loving, Godly people who are walking her through motherhood.

I can't help but praise God for His compassion and for orchestrating so much for the sake of this baby boy and his mom, despite all the attacks of the enemy. I am so thankful for the prayers and gifts of this community and the way God's faithful hand uses each of them. He sees all the details that we can't and is the only One who can save.

"Behold, I am the Lord, the God of all mankind. Is anything too hard for me?" – Jeremiah 32:27

*\*Patient names and photo are changed to preserve confidentiality*





# Patient Reviews

“What a warm and welcoming place to feel accepted and heard. Everyone was very kind, helpful, and loving. What a wonderful place for mothers and families to come and feel well taken care of. Thank you!”

“The staff offered amazing support, I’ve enjoyed EVERY second of being here.”

“We were welcomed into a judgment-free zone, always felt comfortable and that the staff truly cared. We would both highly recommend the clinic. Thank you!!”

“Thank you for being so helpful and kind. We appreciate everything you guys do and offer for community/moms to be!”

“We are so grateful for what you do. This is such a positive experience, and you are all SO friendly.”

“Absolutely wonderful. I felt at peace as soon as I walked in the door! I was able to be transparent and felt God’s love through every staff member. Praying at the end was exactly what I needed! May God bless and grow this facility!”

“The staff offered amazing support, I’ve enjoyed EVERY second of being here.”

“Amazing staff and very welcoming environment. We are lucky to have you all as part of our community.”

# Save the Date

**TUESDAY, FEBRUARY 22, 2022**

## **Thrive Medical Clinic Open House:**

Thrive Medical Clinic is finally a reality for our patients, and it's all thanks to God's provision through YOU! Now it's time to celebrate what you've accomplished and see Thrive Medical Clinic (TMC) with your own eyes. On Tuesday, February 22, from 4-7pm, swing by TMC for a tour of the building, an opportunity to pray over the space, and a chance to connect with like-minded supporters and Thrive team members. We'll provide coffee and snacks and a fun photo opportunity to commemorate the event! TMC is located at 121 South Garfield Ave, Suite C, Traverse City, MI 49686. Our main entrance and parking are at the back of the building. See you there!

**TUESDAY, MAY 24, 2022**

## **Annual Spring Virtual Event:**

It's almost time for our biggest event of the year! Thanks to you, last year's virtual event was a HUGE success and made it possible to officially launch Thrive Medical Clinic to our patients on December 27, 2021. Launching Thrive is only the beginning, and we have our work cut out for us this year as the pro-life movement faces some serious changes and challenges. There is so much we have to share with you and so many ways that you can make a difference and provide the solutions, resources, and support that abortion-vulnerable women need to choose life for their unborn child. So, mark your calendars for May 24, and stay tuned for more information in the coming months. If you haven't signed up for our emails, now is the time! This will give you inside information on what's happening at TMC, real-time prayer requests for patients, and the latest updates on upcoming events. You can sign up online at: [friendsoftmc.org/stay-connected](https://friendsoftmc.org/stay-connected), or email us at [info@thrivemedicalclinic.org](mailto:info@thrivemedicalclinic.org), and we'll get you on the list.

**SEPTEMBER 11- OCTOBER 9, 2022**

## **Baby Bottle Boomerang:**

Baby Bottle Boomerang (BBB) will be back this fall! Mark your calendars and get ready to make this year amazing. More information coming this summer! For questions regarding this event, call 231-929-3488 or email [info@thrivemedicalclinic.org](mailto:info@thrivemedicalclinic.org).



# BABY BOTTLE BOOMERANG

FILL A BOTTLE = SAVE A LIFE

*By Maddy Klingelsmith, Thrive Forward Director*

**The Lord has done it again, folks!** We have just wrapped up another amazing Baby Bottle Boomerang Fundraiser and, as usual, have been so encouraged and blown away by the way the Lord works to save the lives of His little ones through your perseverance and generosity.

These past few years it has been difficult to stay connected even with our own family and friends. Despite this you leaned in, came together as a huge group of people from the surrounding area who care about women and men facing an unplanned pregnancy, and did not give up. You have ensured that they have, Thrive Medical Clinic, a place that shows them through truth and love that they are not alone. Thank you! You are truly the ones who have not “grown weary in doing good” and it is making an impact in so many lives both now and for eternity.

*Thank you so much, participants:*

Individuals  
Bible Baptist  
Calvary Baptist (Kalkaska)  
Christ Church  
Christ the King  
Church of the Living God  
East Bay Calvary  
Evergreen Bible Baptist  
Feast of Victory  
Fellowship Church  
First Christian Church  
Garfield Country Church  
Grace Baptist Church (Gladwin)

Grawn Bible Methodist  
Holy Rosary  
Honor Congregational Church  
Immanuel Lutheran (Leland)  
Kewadin United Methodist  
Kingsley United Methodist  
Long Lake Friends  
New Hope  
Northport Covenant  
Orchard Church  
Our Savior Lutheran  
Redeemer Presbyterian  
Resurrection Life

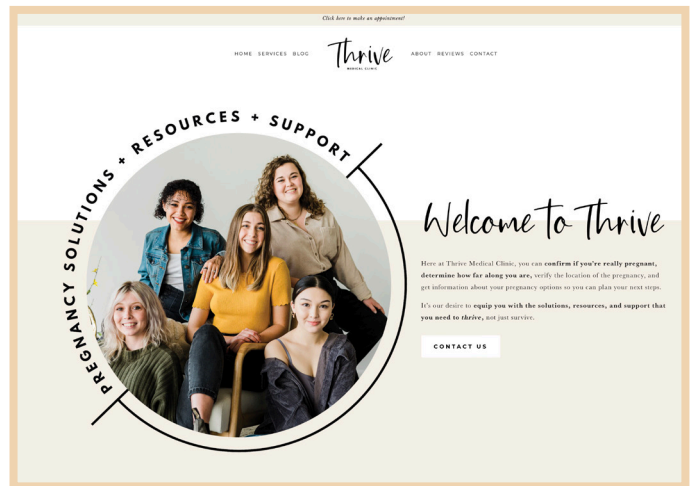
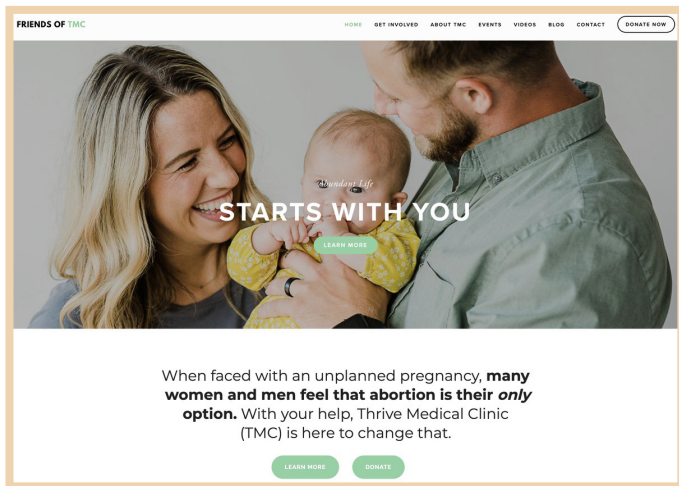
Sojourn  
St Francis  
St Joseph  
St Mary of Hannah  
St Mary of Lake Leelanau  
St Patrick  
St Philip Neri  
The Journey  
The People's Church  
Trinity Lutheran  
West Side Community  
Woodside Wesleyan



# Transformed

At our virtual event last spring, we shared the vision of Thrive Medical Clinic, and the need for \$80,000 to make that vision a reality. You went above and beyond and gave \$85,275! Through those gifts, we've been able to, not only keep the clinic up and running all year, but also:

**1. Create Two New Websites:** Thrive Medical Clinic has two websites: one strategically designed for our patients, and one created especially for our supporters.



**[friendsoftmc.org](http://friendsoftmc.org)** is a hub for our amazing supporters. This is where you can get the most updated information on the inner workings of TMC, hear about upcoming events, and connect through Friends of TMC on Facebook, YouTube, and Instagram.

**[thrivemedicalclinic.org](http://thrivemedicalclinic.org)** is fully patient-focused. Every page is strategically created to reach and connect with our target audience: sexually active women in their twenties who do not want to be pregnant.

**2. Create New Marketing Materials:** Over the summer, our team was hard at work doing photo and video shoots with local models and actors who volunteered their time and skills to create beautiful imagery that will connect with our patients. We've been able to update our supporter and patient brochures, printed advertisements, social media accounts, and much more. A huge thank you to all of our amazing volunteers!

**3. Update Signage and Paint the Building:** Our building has been professionally painted, and new signage has been installed! A big thanks to the team at Forward Inking, who worked so hard installing the signage and generously donated parts of the project for us.

**4. Renovate & Expand Our Space:** Volunteers painted the entire inside of our new space, Suite A, and through the funds donated we were able to replace all of the carpeting! Carter Wheelock, owner of White Pine Carpentry, volunteered his skills to install a shiplap wall for the future reception area of Suite A, and a local supplier generously donated all of the lumber for the project!

continued on the back...

# BEFORE

# AFTER







**5. Add a Second Patient Care Room:** Volunteers helped to paint and soundproof this office space and convert it into a cozy, peaceful Patient Care Room, allowing us to double our patient capacity!



**Thank you so much to everyone who made this possible. Alone, none of us could accomplish so much, but together and with God's blessing, we can do anything!**

**Thrive**  
MEDICAL CLINIC

WWW.FRIENDSOFTMC.ORG



We are on all social media platforms as **Friends of TMC.**

## GENERAL INFO

**Address:** 121 South Garfield Ave.  
Suite C, Traverse City, MI 49686

**Office Hours:** 10AM-2PM  
Monday, Tuesday, and Thursday

If you wish to be taken off of our mailing list please let us know by calling our office at 231.929.3488 or by sending an email to [info@thrivemedicalclinic.org](mailto:info@thrivemedicalclinic.org)

## WANT TO GIVE?

You can make a one-time donation or sign up to be a monthly giver on our website: [www.friendsoftmc.org](http://www.friendsoftmc.org)

You can also **use the enclosed envelope** and mail it right to our office!





## PRAY OVER 2022 | THRIVE MEDICAL CLINIC

- 1st** Pray for Pregnancy Care Center of Petoskey as they struggle with staffing issues.
- 2nd** Pray for the launch of the Abortion Pill Reversal program here at TMC.
- 3rd** Pray for new staff member, Amy Pancoast (Thrive Forward Assistant).
- 4th** Pray for the planning of Thrive Forward.
- 5th** Pray that eyes may be opened in the “self-managed” abortion legalization process to see how harmful online abortion pills are.
- 6th** Pray for our Marketing Director, Joanna Law and for former volunteer now NEW staff member, Bri Visser (Marketing Assistant).
- 7th** Pray that abortion-minded women and men would find us and come through our doors.
- 8th** Pray for our Financial Secretary, Sheila Weber.
- 9th** Pray that patients will be open to hearing the message of hope through Christ Jesus.
- 10th** Pray for our Patient Services Director, Jasmine Bower.
- 11th** Pray that the TMC staff, board and volunteers remain joyful in all circumstances.
- 12th** Pray for our Board Members: Lynette Clark, Andrea Critchfield, Wendy Downey, and Don Spinniken.
- 13th** Pray for our Spring Virtual Event, that we can celebrate, educate and encourage those that are meant to hear the message.

- 14th** Pray for our Executive Assistant, Stacie Deik.
- 15th** Pray for those women who have lost their babies through miscarriage.
- 16th** Pray for our Patient Care Advocates, Catherine Swaffer and Jen Cerny.
- 17th** Pray for our Executive Director, Rhonda Wrede.
- 18th** Pray for our Administrative Assistants, Natalie Bailey, Mary Brown and Natalie White (Returning to us!).
- 19th** Pray for TMC to be able to reach more people that need our services and lead them here.
- 20th** Pray for our dedicated volunteers and their important contribution to TMC.
- 21st** Pray for our Friends of TMC - that they feel how every gift, prayer, and baby item donated brings such joy and love to women and babies in our community.
- 22nd** Pray for our Thrive Forward Director, Maddy Klingelsmith, RN.
- 23rd** Pray that TMC staff, board, and volunteers would continue to build their relationship with God the Father and be strengthened in our work.
- 24th** Pray that the blessings our area churches pour out on us is returned to them.
- 25th** Pray for the other life-affirming ministries in our area.
- 26th** Pray for our Sonographers, Mary Slick and Kelly Johnstone.
- 27th** Pray for the patients that choose life for their unborn child, that they feel enormous love from God.
- 28th** Pray for our dresser ministry through East Bay Calvary and all the staff and members there.
- 29th** Pray Embrace Grace group leaders and new members.
- 30th** Pray that our Patient Care Team has the words to speak, the eyes to see, and the ears to hear what our patients need most that day.
- 31st** Pray for ongoing favor as we continue to finish building improvements and construction projects.